



Shropshire Parent and Carer Council Monthly Newsletter. Summer Special

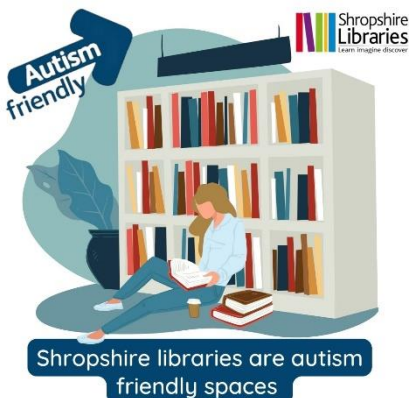
Welcome to the summer special edition of PACC's monthly newsletter.
If you have any questions or require any further information, please email
info@paccshropshire.org.uk



Newsletter Feedback

As well as producing a PACC monthly newsletter, PACC also coproduce the [Shropshire SEND Newsletter](#) with Shropshire Council and the local health Integrated Care Partnership to provide information about events, activities and support services to the Shropshire SEND Community.

We are currently collecting feedback on this newsletter so we can ensure that it is helpful and providing the information that you need.



Shropshire Libraries

Did you know Shropshire Libraries are Autism Friendly spaces?

Staff have undertaken autism awareness training and they have developed a social story for each branch to support the library journey for autistic people.

Find out more





Healthy Lives Programme

This year as well as our programme for 14-25 year olds, the 2023 programme will include an all-age family activity offer and an improved offer for young people with the most complex needs!

Family activities include;

Swimming

Tennis

Cycling

Donkey Experience!

Limited Spaces Left



Healthy Lives Programme 2023

This Year we have already had 100 registrations for the programme which offers over 900 activity spaces for children and young people aged 0-25.

We still have some activities available for 14-25, including a number of activities for young people with complex needs and also have spaces available on our family activity offer.

If you would like more information, please contact Abi@paccshropshire.org.uk

Find out more



Summer Holiday Events

Severn Valley Country Park

Rock and Fossil Hunt

Wed 9 August 2023



Pond Dipping

Wed 16 August 2023



Bushcraft Skills

Wed 23 August 2023



Mini Beast Hunt

Wed 30 August 2023



11am-12.30pm £4 per child

Call 01746 781 192 to book



Treat the whole family to a summer of fun at Ironbridge Valley of Invention this summer!

Whether you're a beach lover or a disco diva, a steam engine enthusiast or a theatre fan, summer at The Ironbridge Gorge Museum Trust brings a packed programme of events and activities to entertain the whole family – including your dog!

24 - 25 June 2023 | ⚙️ Steampunk Weekend

1 - 2 July 2023 | 🐕 Victorian Dog Show

1 - 2 July 2023 | 🪨 Stonemasons Weekend

8 - 9 July 2023 | ⚽ Sports Weekend

15 July 2023 | 🔍 Festival of Archaeology

15 - 16 July 2023 | 🚂 Steam in Miniature

24 July - 3 September 2023 | 🌊 Victorian Seaside Experience

3 - 4 August 2023 | 👑 Horrible Histories - Barmy Britain!

26 August 2023 | 🎤 '70s Summer Party

26 - 27 August 2023 | 🐰 A Very Mad Royal Tea Party

Find out more



Local Offer Feedback

The Shropshire SEND local offer sets out the local support available for children and young people with special educational needs or disabilities (SEND), and how to access it. We provide information on our website, on social media and in our family information directory.

This is where you come in.

Have you used the SEND local offer? What do you think? Are there any gaps in the information?

Your feedback only takes a few minutes but makes a big difference so thank you!

[Find out more](#)



How are we doing?

HAF Summer Programme

Your child (4-16 years old) can get a FREE place:

- ★ If you get benefits-related free school meals
- ★ Are a Ukrainian guest staying in Shropshire
- ★ Have been referred by a professional

The majority of providers are able to offer places to children with special educational needs or disabilities (SEND).


A lot of the providers also offer additional paid places that are available to everyone, so it's worth taking a look if you need childcare or activities to keep your children busy during the holidays.

[Find out more](#)



Shropshire HAF
Holiday Activities and Food

Summer 2023



The Holiday Activities and Food (HAF) programme for the Summer holidays is now live!

🎈🌟 Get ready for a sky-high spectacle at Telford Balloon Fiesta 2023! 🌟🎈

SAVE THE DATE for an unforgettable weekend of family fun, delicious food, plenty of entertainment, and the chance to take a ride in a majestic hot air balloon (bookings with Virgin Balloons must be made in advance).

📍 Telford Town Park

📅 25-27 August 2023

🎟️ This event is FREE, no ticket required 🌟

Find out more



NEW FREE Summer Sensory Survival Kit - Download Today!

From The Sensory Integration Network

Wondering how to best prepare for the summer sensory challenges posed by the change in weather, daylight hours, breaks from school routines, eating outdoors, travelling and staying in holiday accommodation?

Find out more



They've packed this kit with practical tips and suggestions to help those experiencing sensory integration or sensory processing differences better manage the sensory challenges of summer.

Please note that we are all individuals with individual sensory needs and preferences. All the suggestions in the Summer Sensory Survival Kit should be tailored to specific sensory needs, abilities and preferences.

Find out more



IDENTITY SUMMER CAMP



July dates:

Thursday 27th July (5-13 years)

Friday 28th July (14+/ Adults)

August dates:

Wednesday 2nd August (5-13 years)

Thursday 3rd August (Open to all ages)

Friday 4th August (Adults 16+)

Times: 9am until 3pm
@ Wilfred Owen School SY2 5SH

£30
per day



Dancing, Singing, Drama, Arts and Crafts, Sports,
Movies & much more!

Pack lunch required!
Drinks/snacks provided

To book contact Opal via:
enquiries.isod@outlook.com

**BOOK
NOW!**



IDENTITY SCHOOL OF DANCE PRESENTS.....

BACK TO THE ERAS
Summer showcase


SATURDAY 17TH JUNE 2023

@PRESTFELDE SCHOOL, BLACKBURN CHAPEL THEATRE

Showing 1 @ 11.30am
 Showing 2 @ 3pm

Email: Enquiries.isod@outlook.com to book today!!

PACC's Preparation for Adulthood Navigators attended Identity School of Dance's Summer Show "Back to the eras". We were blown away by the performance, which showcased multiple dance styles.



Identity school of dance

Inclusive dance school for children & adults with special educational needs & disabilities based in Shrewsbury, Shropshire

TIMETABLE

Tuesday



- 5pm-5.45pm Mini Street dance (5+)
- 5.45-6.30pm Young Adults Street dance (14+)
- 6.30-7.30pm Contemporary dance (14+)
- 7.30-8.30pm Senior Street dance (16+)

Thursday

- 5-6pm Mini's Musical Theatre (5+)
- 6-7pm Senior Musical Theatre (14+)
- 7-8pm Limitless MEGA CREW training (16+)

COMING SOON

New exciting classes & much more!
 keep an eye out on our social media pages


Identity_schoolofdance

Identityschoolofdance

Now enrolling new students
 Email: Enquiries.isod@outlook.com

www.Identityschoolofdance.com

The young people at Identity never cease to amaze us! Every single one of them shone. They supported each other, celebrated together, and congratulated each other on their achievements. Watching this performance showed the magic and power of inclusion.

Everyone who came to see the performance felt the same- a rollercoaster of tears, pride, laughter, and absolute joy!

Identity School of Dance are offering free trials for any of the classes for the next week on Tuesday 4th & Thursday 6th July!

This is a great way to meet the staff, students and take part in a class you feel could be suited to your young adult or child!

For more information contact the team on Enquiries.isod@outlook.com



Discototz

Discototz is a childrens party class with a difference! it is jam packed with props, bubbles, puppets, games, singing, makaton, learning, props, sensory lighting, dancing, fun exercise for children AND adults, and much much more! Rachael is passionate about inclusion and would like to do a special summer holidays disco party event just for SEND children (aged 1-7) and their families, with the view of going forward to doing weekly classes from September.



Rachael is a qualified exercise to music instructor with a background in SEND, is Makaton trained and is also a parent carer. If you are interested in SEND sessions, there is a short survey where you can also sign up to be kept updated on future sessions.





WHAT WE DO AT **ROCK! MUSIC SCHOOL!!**



GROUP LESSONS!

We provide both adult and children group lessons which include playing in a band EVERY SESSION, learning at your own pace in a relaxed, family friendly environment. Our students get regular gigs throughout the year too!

SEN LESSONS/YOUTH CLUBS!

We provide SEN music lessons (both group and private), in an inclusive and relaxed environment. We also partner with charities to provide SEN music and instrument youth clubs.

PRIVATE LESSONS!

Our team of fantastic (DBS checked) tutors can come and teach you/your child in the comfort of your own home!

HOLIDAY TIME WORKSHOPS!

We offer a variety of different holiday time workshops and can cater to individual events needs!

RECORDING STUDIO EXPERIENCE DAYS!

We are very fortunate to have teamed up with the Beehouse Recording studio in Llanfyllin and can provide professional recording studio experience days!

GUITAR, FX & AMP REPAIRS!

Our talented tutors talents have no musical end! We can even provide guitar, fx and amp repair services!



'Rock! Music School'

'Rock! Music School' are one of the most up and coming, inclusive and progressive music schools in Shropshire!

What makes Rock! Music School so special? We are incredibly passionate about the benefits of music, equal access to learning music for all abilities, ages and levels and catering to the individual learning styles of each student. We don't run in blocks, as we feel this will only cater to new students, each and every student and their growth is just as important as each other.

As well as teaching guitar, bass and drums in a band setting, we offer band jams for all EVERY lesson, access to our online student learning portal, online learning advice from our tutors in between lessons, chances to gig throughout the year, learning at your own pace, we run workshops, offer recording studio experience days, we even have a team of guitar technicians who can fix your equipment! We strive to become leaders in our field, you will not find a music school that will be as inclusive and passionate as us at Rock music school!

Find out more



Useful Resources

(Click image to load website)



SiD's Midsummer Dance Celebration

“SiD's Midsummer Dance Celebration was an incredible event! The dancers performed to a packed house and the amazing audience were entranced by the performances. The performances by SiD's dance groups were full of life, energy and artistry.

The evening culminated with an incredible performance of Here There Everywhere.

There are so many people to thank, the audience for supporting and witnessing the show, all the dancers, SiD's dance artists who worked so hard to support and create these works, Cal Barre who created a beautifully lit stage and operated sound and lights, the Hive venue for supporting us throughout the programme of classes and dance making. The Gateway for being a great place to rehearse. The SiD board who helped make the evening run smoothly, all the musicians who created the music used in the show, the Here There Everywhere team, Choreographer Siobhan Hayes, Designer Heidi Luker, the Mens Shed for making our 'Pramophone' and all our funders which made the classes and new dance work possible. It's been really hard but satisfying work for SiD co directors Rachel and Ray, bringing all this together but the beauty of the work made, seeing the joy that dance brings to everyone involved sure makes it worthwhile.”



Photographs by Ming De Nasty

Find out more



Being Me

Each month we will be shining a spotlight on a young person in our SEND community. If your young person would like to share their story with us, please contact Abi@paccshropshire.org.uk

This month meet Jack!

Hello. My name is Jack and I am 16 and a half, so I am now officially a "Young Person"! I have Downs Syndrome but it doesn't stop me from doing much and I have a very busy life.

I am still at school but do lots in the evenings and weekends. On Mondays I usually do cricket with my friends. On Tuesdays I go to Youth Club, Wednesdays I do football, Thursdays is musical theatre (I want to sign up for Mega Crew street dance too) and Fridays are family night. We like to watch programmes together like "Springwatch", "Taskmaster", "Pottery Throw Down", "Bake Off" and other things because we are all tired on a Friday!



I do musical theatre with Identity School of Dance, and was recently in a performance playing Danny from Grease with my girlfriend who played Sandy. The week before the show I was doing my Duke of Edinburgh expedition and I went straight from my expedition into the dress rehearsal on the Friday night and then had two performances on the Saturday so it was a bit tiring but I really enjoyed it all. The next day I went to see A Midsummer Nights Dream, a Shakespeare play, with my family and the director let us sit right at the front and I got to meet the cast. I already knew a little bit about the play because I've seen it on TV being done by CBeebies but it was great to see it as a real live performance.

In my spare time I love to listen to music and sing and dance around the house, I do drawing and play X-Box, Wii and Playstation. I love football and go to games and watch it on TV with my Dad. I support West Ham and Shrewsbury. I also like to cook and clean and tidy and I love it when I get my room sorted out. I love dogs and we don't have our own but sometimes we look after our friend's dogs and I really enjoy it.



I belong to the "Buddies" group and have made lots of lovely friends. We go bowling and do lots of other things too like canoeing, singing, walks, discos and activities in the holidays. We are going camping with the group in July and it is always so much fun - I cant wait!

I love it when my brother comes home to stay and this year I am also going to stay with him at his house in Aberystwyth for a whole week in the summer. I am *really* excited and it will help me to become a bit more independent.



I go to Severndale at Mary Webb but will be leaving school this year and I was very nervous about it but I have visited my new college and some of my friends are going there too so I am not so worried now. I am going to Futures for a while then I hope to do Hospitality and Food and Performing Arts, maybe at Derwen College but I am also going to go to Foxes Hotel open day in Minehead which is a specialist catering college for young people with additional needs so I will see what I prefer and then Mum can apply for me and I hope I will be lucky to go where I want.



I enjoy school and although I can find some things challenging and a bit tricky to understand because I have Downs Syndrome, people do help me. People are very kind to me when I am out and about too - I really enjoy my life and I just love being me!

Preparation for Adulthood



What is Preparation for Adulthood (PFA)?

Our early life experiences help us to prepare for life as an adult and this should be recognised as early as possible, although there is an expectation that Young People with SEND focus on PFA from Year 9.

Conversations about a young person's future should involve themselves, their parent carers, their teachers and anyone else who works with them.

What areas does PFA cover?

PFA covers all areas of your Young Person's life that will enable them to have the best outcomes as they enter adulthood, including:

- Further education
- Activity Plans
- Finances and Benefits
- Employment and Volunteering
- Annual Health Checks
- Staying Healthy
- Being Part of the local community



How does our PFA journey start?

Planning for transition into adulthood should start from the Year 9 annual review of the EHC plan. Each review thereafter must focus on preparing for adulthood- including the move between children's and adults services outside of education.

The transition towards adulthood review from Year 9 will start to gather information regarding the young persons and their families' aspirations for their future, including who needs to be involved, target planning and the support needed. The review will explore provision accessible to students in order for them to be healthy, participating in society, living independently, and accessing further education and/or employment where appropriate.



For more information, please contact our PFA Navigators



Abi@paccshropshire.org.uk
Denise@paccshropshire.org.uk



**Activities for
children with
SEND**



**Have fun
Make friends
Be active**



**Find out more, visit
www.actio.org.uk**





Activity Programme



Our activity programme has been designed to provide a variety of opportunities across Shropshire. These offer safe and sensitive environments for children with Special Educational Needs and Disabilities to have fun, make friends, and be active.

We strive to make sure that each child's experience is suitable to their individual needs and abilities. As soon as a child joins our community, they will receive a welcome email containing a one page profile and membership number as well as links to our membership pack. Activity packs can also be collected at any of our activities .

All activities are designed to be as inclusive as they can be. However, we cannot provide 1:1 support, deliver personal care, or manage some complex needs due to the way the activities are funded. We encourage families to discuss their child's needs with activity providers to ensure they will have a positive experience.

If a child requires support that we cannot offer, a trusted adult / personal assistant / parent carer are welcome to attend with the child to ensure they can participate safely. Families can access a personal assistant through a personal budget that may be available through a Social Care Needs Assessment. Shropshire Council can provide this assessment via their Disabled Childrens Team.



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Mondays:



Shrewsbury

Alpha/Bubbles Swimming Sessions
Shrewsbury Quarry Fitness Centre
4.30pm
Suitable for 4-17 year olds

<https://actioconsortium.wixsite.com/website/shropshire-community-leisure-trust>

Term
time
only



Shrewsbury

Social Club Sessions by SYA
6.00pm - 7.30pm
Suitable for 10-17 year olds (from year 6
onwards only)

<https://actioconsortium.wixsite.com/website/shropshire-youth-association>

Holidays
Only



Shrewsbury

Family Water Based Activities
with Drummond Outdoor
10.00am - 12.30pm & 1.30pm - 4.00pm
Suitable for 8-17 year olds

<https://actioconsortium.wixsite.com/website/drummondoutdoor>

Monthly
Sessions



Market Drayton

Dodgeball Fun
with 4 All Foundation
3.00pm - 5.00pm
Suitable for 5-12 year olds

*This activity is held on the first Monday each month
<https://actioconsortium.wixsite.com/website/marches-trust-activities>



Tuesdays:



Shrewsbury

Alpha/Bubbles Swimming Sessions
Shrewsbury Quarry Fitness Centre
4.30pm & 6.00pm
Suitable for 4-17 year olds

<https://actioconsortium.wixsite.com/website/shropshire-community-leisure-trust>



Shrewsbury

Dodgeball Fun
with 4 All Foundation
4.30pm - 6.15pm
Suitable for 5-12 year olds

<https://actioconsortium.wixsite.com/website/marches-trust-activities>





Wednesdays:



Market Drayton,

Alpha/Bubbles Swimming Sessions
Market Drayton Leisure Centre
4.00pm
Suitable for 4-17 year olds

<https://actioconsortium.wixsite.com/website/shropshire-community-leisure-trust>



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Thursdays:



Term
Time
Only



Oswestry

Sports Activity Sessions
with The New Saints Foundation
4.15pm - 6.15pm
Suitable for 4-16 year olds

<https://actioconsortium.wixsite.com/website/new-saints-foundation>

Holidays
Only



Ludlow

Animal Care & Forest School
with Lower Bush Farm
9.00am - 4.00pm
Suitable for 8-17 year olds

<https://actioconsortium.wixsite.com/website/lower-bush-farm>



Fridays:

Holidays
Only



Shrewsbury

Cricket Camp
with Shropshire Cricket Board
9.30am - 3.30pm
Suitable for 12-17 year olds

<https://actioconsortium.wixsite.com/website/shropshirecricketboard>

Holidays
Only



Ludlow

Animal Care & Forest School
with Lower Bush Farm
9.00am - 4.00pm
Suitable for 8-17 year olds

<https://actioconsortium.wixsite.com/website/lower-bush-farm>



Market Drayton

Dodgeball Fun
with 4 All Foundation
3.00pm - 4.15pm
Suitable for 5-12 year olds

<https://actioconsortium.wixsite.com/website/marches-trust-activities>



Saturdays:

Selected Home Match Days



Shrewsbury

Sports Activities & Leadership Skills, Free Match Tickets included with STFC Foundation Charity
1.00pm - 2.15pm
Suitable for 5-17 year olds

*This activity operates on selected home match days only
<https://actioconsortium.wixsite.com/website/stfc-in-the-community>



Shrewsbury, Oswestry, Ludlow

Shared Sounds
with Shropshire Music Service & Ignition
12.30pm - 2.00pm
Suitable for 3-7 year olds

*This activity operates on alternate Saturdays at a variety of locations
<https://actioconsortium.wixsite.com/website/stfc-in-the-community>

Monthly Sessions



Market Drayton

Arts & Crafts
with 4 All Foundation
10.00am - 12.00pm
Suitable for 5-12 year olds

*This activity operates on the second Saturday each month
<https://actioconsortium.wixsite.com/website/marches-trust-activities>

Selected Dates



Shrewsbury

Sensory Drama
with Theatre Severn & Ignition
1.00pm - 2.15pm
Suitable for 7-17 year olds

*This activity is suitable for children with complex needs & sensory impairments
<https://actioconsortium.wixsite.com/website/theatre-severn>



Saturdays:

Every other week



Shrewsbury

Multisports Activities
with 4 All Foundation
10.00am - 12.00pm
Suitable for 5-12 year olds

*This activity operates on every other Saturday
<https://actioconsortium.wixsite.com/website/marches-trust-activities>



Shrewsbury

SEND Cycling Sessions
with Shropshire Community Leisure Trust
12.30pm - 1.30pm & 1.30pm - 2.30pm
Suitable for 7-17 year olds

Session 1 is suitable for experienced riders, session 2 for those starting to learn or with limited confidence
<https://actioconsortium.wixsite.com/website/shropshire-community-leisure-trust>



Shrewsbury

Sensory Soft Play
with Shropshire Community Leisure Trust
10.00am - 12.00pm
Suitable for 0-5 year olds

<https://actioconsortium.wixsite.com/website/shropshire-community-leisure-trust>

2 sessions per month



Shrewsbury

Moving & Grooving
with Taking Part
10.30am - 12.30pm
Suitable for 7-14 year olds

*This activity operates on 2 Saturdays per month
<https://actioconsortium.wixsite.com/website/moving-and-grooving>





Saturdays:



Much Wenlock

Vaulting on Horseback
with Cavalier Centre
1.00pm - 2.00pm
Suitable for 4-17 year olds

<https://actioconsortium.wixsite.com/website/cavalier-centre>



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Sundays:

Holidays
Only



Shrewsbury

Water Based Activities
with Drummond Outdoor
10.00am - 12.30pm & 1.30pm - 4.00pm
Suitable for 8-17 year olds

<https://actioconsortium.wixsite.com/website/drummondoutdoor>



Near Bridgnorth

Horse Riding & Woodland Treks
with Country Treks
11.00am - 12.30pm
Suitable for 3-17 year olds

<https://actioconsortium.wixsite.com/website/contry-treks>

Every
other
week



Shrewsbury

Highflyers Youth Dance Project
with Shropshire Inclusive Dance
Times and Venues Variable
Suitable for 11-17 year olds

<https://actioconsortium.wixsite.com/website/shropshire-inclusive-dance>



Various Days:

Holidays Only



Shrewsbury

Holiday Club
with Action for Children
Variable Sessions Available
Suitable for 4-18 year olds

*This activity is open to All In Members with more complex needs but is not commissioned by Actio

<https://actioconsortium.wixsite.com/website/action-for-children>



Pulverbatch, near Shrewsbury

Donkey Therapy Session & Interactive Sessions
with Dinky Donkeys
Booking on request
Suitable for 0-17 year olds

<https://actioconsortium.wixsite.com/website/dinky-donkeys>

Holidays Only



Shrewsbury

Highflyers Skills Development Days
with Shropshire Inclusive Dance
Times and Venues Variable
Suitable for 11-17 year olds

<https://actioconsortium.wixsite.com/website/shropshire-inclusive-dance>



Much Wenlock

Horse Riding
with Cavalier Centre
Booking on request
Suitable for 4-17 year olds

<https://actioconsortium.wixsite.com/website/cavalier-centre>



Various Days:



Much Wenlock

Pony Care
with Cavalier Centre
Booking on request
Suitable for 4-17 year olds

<https://actioconsortium.wixsite.com/website/cavalier-centre>

Holidays
Only



Shrewsbury & Online

Social Activity & Development Workshops
with Autism West Midlands
Variable Sessions Available
Suitable for 11-17 year olds

<https://actioconsortium.wixsite.com/website/autism-west-midlands-1>

Holidays
Only



Various Locations

Out & About Fun Days
with Autism West Midlands
Variable Sessions Available
Suitable for 11-17 year olds

<https://actioconsortium.wixsite.com/website/autism-west-midlands-1>

Holidays
Only



Various Locations

Family Fun Days
with Autism West Midlands
Variable Sessions Available
Suitable for 11-17 year olds

<https://actioconsortium.wixsite.com/website/autism-west-midlands-1>



Various Days:

Holidays
Only



Condover

Forest School Camp
with Life Shed
Various Dates Available
Suitable for 8-17 year olds

<https://actioconsortium.wixsite.com/website/life-shed>

Selected
Dates



Shrewsbury

Art Sessions
with Shrewsbury Museum & Art Gallery
Variable Sessions Available
Suitable for 5-17 year olds

<https://actioconsortium.wixsite.com/website/smag>





All In Membership



Shropshire Council are responsible for allocating All In Membership. To be eligible for membership a child must:

- Live in the Shropshire Council Area
- Be aged under 18 years
- Have a disability and / or special educational needs
- Struggle to participate in 'mainstream' activities

Parent Carers need to complete a short membership request form, this helps Shropshire Council decide if access to All In will be appropriate for your child, so please complete it as fully and honestly as you can.

Parent Carers will be asked to provide consent for information sharing with Actio. This is required so that Actio can contact families and gather information from the activity providers about those attending sessions. This helps Actio to develop the activity programmes they offer to better meet the needs of children in our community.

If you would like to apply for All In Membership, you can do so through Shropshire Councils website by searching for "All In" or copy the below link:

<https://forms.office.com/Pages/ResponsePage.aspx?id=ETDBti03i008gmfx5ZuiS10KxoUeHtMu2Cktshtjw1UNDRDRVIENE8zWVNCskcxRTdKtjUUV0tEVS4u&embed=true>



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