

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

## Gold Menu Basic Spring 2019

**caterlink**  
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> 07.01.19	<b>Main</b>	Beef Burgers in a Bun with New Potatoes	Chicken and Tomato Pasta	Roast (as advertised) With Roast Potatoes and Gravy	Chicken Noodles	MSC Breaded Fish with Chips and Tomato Sauce
28.01.19	<b>Vegetarian</b>	Quorn Burger in a Bun with New Potatoes	Creamy Broccoli Pasta Bake	Cheese & Pepper Whirl with Roast Potatoes	Vegetable Noodles	Glamorgan Sausage with Chips
18.02.19	<b>Vegetables</b>	Sweetcorn Green Beans	Baked Tomatoes Peas	Carrot & Swede mash	Sweetcorn Mixed Peppers	Baked Beans Garden Peas
11.03.19						
01.04.19	<b>Dessert</b>	Chocolate Muffin	Pear Crumble (WM) and Custard	Oaty Cookie	Sponge Cake with Custard	Yoghurt and Fruit Station
<b>Week 2</b> 14.01.19	<b>Main</b>	Hot Dogs with Tomato Sauce and Wedges	Chicken Curry with Rice	Roast Turkey with Roast Potatoes & Gravy	Spaghetti Bolognese	MSC Battered Fish with Chips and Tomato Sauce
04.02.19	<b>Vegetarian</b>	Veggie Hot Dog with Tomato Sauce and Wedges	Lentil and Vegetable Curry with Rice	Quorn Roast With Roast Potatoes and Gravy	Macaroni Cheese	Spinach & Tomato Quiche (WM) with New Potatoes
25.02.19	<b>Vegetables</b>	Coleslaw Green Salad	Broccoli Sliced Carrots	Red Cabbage Green Beans	Peppers Sweetcorn	Baked Beans Garden Peas
18.03.19						
08.04.19	<b>Dessert</b>	Chocolate Shortbread	Iced Sponge & Custard	Apple, Cheese and Biscuits	Apple Crumble (WM) & Custard	Yoghurt and Fruit Station
<b>Week 3</b> 21.01.19	<b>Main</b>	BBQ Chicken Pizza (WM) with Wedges	Beef Lasagne	Roast Chicken & Stuffing with Roast Potatoes and Gravy	Chilli with Rice	MSC Salmon Fish Fingers with Chips and Tomato Sauce
11.02.19	<b>Vegetarian</b>	Cheese and Tomato Pizza (WM) with Wedges	Vegetable Lasagne	Vegetable Wellington With Roast Potatoes and Gravy	Quorn Chilli with Rice	Cheese Tomato & Spinach Frittata with Chips
04.03.19	<b>Vegetables</b>	Sweetcorn Green Beans	Broccoli Tomatoes	Shredded Cabbage Carrots	Roasted Vegetable Medley	Baked Beans Garden Peas
25.03.19						
15.04.19	<b>Dessert</b>	Oaty Peach Crumble and Custard	Lemon Cake	Ice Cream	Chocolate Brownie	Yoghurt & Fruit Station

Available Daily  
Freshly cooked jacket potatoes with a choice of fillings (where advertised)  
Bread freshly baked on site daily  
Daily salad selection